

Nairn Triathlon, 24th Sept 2016

Novice Course

| Race | | Age | | Cat | | | | | | | |
|------|-------------------|------|---------------------------|-----|-----|-------|------|-------|------|-------|-------|
| No. | Name | Cat | Club | Pos | Pos | Swim | T1 | Bike | T2 | Run | Total |
| 60 | Antonia Gordon | FVet | Triathlon Inverness | 1 | 1 | 9:02 | 0:53 | 20:57 | 0:43 | 10:23 | 41:58 |
| 56 | Angus MacDonald | MS | | 2 | 1 | 8:03 | 1:35 | 20:55 | 0:53 | 10:46 | 42:12 |
| 50 | Bruce Simpson | MSV | Montrose Triathlon Club | 3 | 1 | 8:03 | 1:04 | 20:12 | 0:37 | 12:25 | 42:21 |
| 70 | Gordon Lawson | MVet | | 4 | 1 | 9:06 | 1:04 | 20:30 | 0:51 | 11:05 | 42:36 |
| 47 | Matthew Paterson | MJC | Triathlon Inverness | 5 | 1 | 6:21 | 1:33 | 22:46 | 0:40 | 11:17 | 42:37 |
| 59 | Ruairidh Fraser | MYA | | 6 | 1 | 8:00 | 1:23 | 22:57 | 0:28 | 11:12 | 44:00 |
| 48 | Graeme Allison | MS | Triathlon Inverness | 7 | 2 | 8:04 | 2:11 | 22:03 | 0:49 | 13:39 | 46:46 |
| 55 | Joe Fowkes | MS | Glenrothes Triathlon Club | 8 | 3 | 8:04 | 1:09 | 22:54 | 0:51 | 13:53 | 46:51 |
| 64 | Louise Nixon | FS | | 9 | 1 | 9:09 | 1:35 | 23:34 | 0:34 | 12:56 | 47:48 |
| 66 | Malcolm McKnight | MSV | Glenrothes Triathlon Club | 10 | 2 | 9:01 | 2:08 | 23:32 | 0:39 | 13:38 | 48:58 |
| 68 | Claire McArthur | FS | | 11 | 2 | 9:40 | 1:45 | 24:03 | 0:23 | 13:18 | 49:09 |
| 82 | Ginie Barrant | FS | | 12 | 3 | 11:08 | 3:00 | 24:10 | 1:00 | 9:57 | 49:15 |
| 53 | Kirsty Brown | FYA | | 12 | 1 | 8:39 | 1:47 | 24:09 | 0:27 | 14:13 | 49:15 |
| 51 | Natasha Smith | FS | | 14 | 4 | 8:43 | 1:44 | 24:21 | 0:22 | 14:18 | 49:28 |
| 87 | Jeremy Kibble | MS | | 15 | 4 | 12:18 | 1:06 | 18:49 | 0:36 | 16:40 | 49:29 |
| 58 | George Stewart | MSV | | 16 | 3 | 7:18 | 0:42 | 25:41 | 0:47 | 15:39 | 50:07 |
| 75 | Alison Heggie | FS | | 17 | 5 | 9:42 | 2:29 | 25:22 | 0:26 | 12:16 | 50:15 |
| 77 | Murdo Clark | MSV | | 18 | 4 | 11:28 | 2:28 | 22:22 | 1:02 | 13:44 | 51:04 |
| 63 | Deborah Main | FS | Moray Road Runners | 19 | 6 | 9:07 | 1:47 | 24:49 | 0:48 | 14:46 | 51:17 |
| 67 | Katrina Moir | FVet | | 20 | 2 | 13:25 | 1:27 | 22:25 | 1:07 | 13:15 | 51:39 |
| 54 | Emma Crossan | FS | Fleet Feet Triathletes | 21 | 7 | 8:27 | 1:43 | 24:16 | 0:45 | 16:51 | 52:02 |
| 49 | Elizabeth Long | FVet | | 22 | 3 | 9:37 | 2:16 | 25:11 | 0:36 | 15:55 | 53:35 |
| 86 | Gillian McWilliam | FSV | | 23 | 1 | 13:50 | 1:47 | 24:05 | 1:06 | 13:20 | 54:08 |
| 90 | Sharyn Morgan | FVet | | 24 | 4 | 10:35 | 1:57 | 27:48 | 0:32 | 13:26 | 54:18 |
| 74 | Hugh Montague | MSV | | 25 | 5 | 12:11 | 1:42 | 24:26 | 0:55 | 15:21 | 54:35 |
| 57 | Laura Hulse | FVet | Triathlon Inverness | 26 | 5 | 10:52 | 0:50 | 24:27 | 0:53 | 17:36 | 54:38 |
| 80 | Ray Aiken | MVIn | | 27 | 1 | 16:34 | 0:52 | 24:16 | 0:40 | 12:28 | 54:50 |
| 81 | Nicky Martin | FVet | | 28 | 6 | 11:59 | 2:42 | 25:19 | 0:39 | 14:23 | 55:02 |
| 61 | Isla Scaman | FS | | 29 | 8 | 7:49 | 2:02 | 27:24 | 0:53 | 17:01 | 55:09 |
| 65 | Jo Whyte | FVet | | 30 | 7 | 12:12 | 1:57 | 23:37 | 0:47 | 17:23 | 55:56 |
| 76 | Sam Young | MS | | 31 | 5 | 11:32 | 2:38 | 27:46 | 1:03 | 13:02 | 56:01 |
| 78 | Colm Black | MVIn | | 32 | 2 | 13:05 | 1:57 | 26:34 | 0:37 | 15:50 | 58:03 |
| 73 | Sandra Stewart | FSV | | 33 | 2 | 9:18 | 1:01 | 27:16 | 0:32 | 20:05 | 58:12 |
| 71 | Diane Strachan | FVet | | 34 | 8 | 11:28 | 2:03 | 27:45 | 0:57 | 16:52 | 59:05 |
| 88 | Alexis Mackay | FS | | 35 | 9 | 11:14 | 2:55 | 28:42 | 0:57 | 15:25 | 59:13 |
| 84 | Gavin Moir | MYA | | 36 | 2 | 15:41 | 1:00 | 25:31 | 0:45 | 17:39 | 60:36 |
| 91 | Juliet Robinson | FVet | Triathlon Inverness | 37 | 9 | 13:09 | 1:15 | 27:30 | 0:54 | 18:20 | 61:08 |
| 79 | Jo Matheson | FS | | 38 | 10 | 11:36 | 0:49 | 30:01 | 0:35 | 19:15 | 62:16 |
| 85 | Jeannette Meldrum | FVin | Cairngorm Runners | 39 | 1 | 16:02 | 2:27 | 27:10 | 2:21 | 15:30 | 63:30 |
| 89 | Freya Hepburn | FS | | 40 | 11 | 12:11 | 2:39 | 37:46 | 1:09 | 18:04 | 71:49 |
| 52 | Kevin Stirling | MVet | | Rtd | | | | | | | Rtd |

Sprint Course

| Race | | Age | | Cat | | | | | | | |
|------|-------------------|------|---------------------------------|-----|-----|-------|------|--------|------|-------|--------|
| No. | Name | Cat | Club | Pos | Pos | Swim | T1 | Bike | T2 | Run | Total |
| 201 | Andrew McGhee | MS | Scottish Police Force Triathlon | 1 | 1 | 11:21 | 0:34 | 47:24 | 0:26 | 18:28 | 78:13 |
| 204 | Robert McGonigal | MVet | Inverclyde Velo | 2 | 1 | 13:04 | 0:48 | 46:35 | 1:02 | 20:47 | 82:16 |
| 208 | Graham Whyte | MSV | G Squad | 3 | 1 | 14:05 | 0:46 | 46:00 | 0:43 | 21:19 | 82:53 |
| 207 | Graham Calder | MVet | Ben Wyvis cycle club | 4 | 2 | 12:21 | 0:52 | 50:17 | 0:38 | 22:35 | 86:43 |
| 228 | Natalie Stevenson | FS | Fusion Triathlon Club | 5 | 1 | 14:36 | 1:54 | 50:26 | 0:35 | 19:14 | 86:45 |
| 230 | Graham Maclennan | MVet | Triathlon Inverness | 6 | 3 | 15:25 | 1:49 | 48:09 | 0:43 | 21:33 | 87:39 |
| 238 | Ewan MacDonald | MS | | 7 | 2 | 16:20 | 1:45 | 50:20 | 0:43 | 19:10 | 88:18 |
| 202 | David Spencer | MSV | | 8 | 2 | 13:03 | 0:40 | 54:23 | 0:53 | 19:26 | 88:25 |
| 218 | Matthew Alexander | MS | | 9 | 3 | 14:17 | 0:45 | 54:14 | 0:37 | 19:08 | 89:01 |
| 235 | Alan Riach | MSV | Cairngorm Runners | 10 | 3 | 16:13 | 1:06 | 51:43 | 0:46 | 19:55 | 89:43 |
| 212 | Mike Ayres | MVet | | 11 | 4 | 14:45 | 1:30 | 49:51 | 0:58 | 23:04 | 90:08 |
| 206 | Paul Newlands | MVet | Moray Firth Triathlon Club | 12 | 5 | 14:03 | 1:03 | 51:20 | 0:49 | 23:30 | 90:45 |
| 216 | Kevin Colclough | MVet | Triathlon Inverness | 13 | 6 | 14:10 | 0:51 | 52:12 | 0:37 | 23:29 | 91:19 |
| 210 | Mark Weir | MSV | | 14 | 4 | 14:41 | 0:53 | 52:57 | 0:23 | 22:39 | 91:33 |
| 254 | Ben Wake | MS | | 15 | 4 | 14:15 | 2:26 | 54:18 | 0:24 | 21:06 | 92:29 |
| 214 | Alan Lowe | MVet | Triathlon Inverness | 16 | 7 | 14:18 | 0:38 | 57:53 | 0:34 | 22:06 | 95:29 |
| 223 | Derek Mair | MVet | | 17 | 8 | 14:18 | 1:24 | 56:31 | 1:00 | 23:03 | 96:16 |
| 226 | Andrew Fraser | MS | | 18 | 5 | 14:00 | 0:56 | 58:17 | 0:43 | 22:36 | 96:32 |
| 205 | Ewan Stirling | MVet | | 19 | 9 | 12:26 | 1:25 | 52:24 | 1:14 | 29:20 | 96:49 |
| 215 | Emma Donaldson | FS | Monifieth Triathlon Club | 20 | 2 | 12:59 | 1:03 | 58:36 | 0:38 | 23:49 | 97:05 |
| 236 | Keith Hinds | MVet | | 21 | 10 | 17:26 | 2:12 | 49:31 | 1:13 | 27:02 | 97:24 |
| 246 | Simon MacDonald | MSV | Moray Firth Triathlon Club | 22 | 5 | 17:09 | 1:09 | 57:54 | 0:40 | 21:33 | 98:25 |
| 237 | Cliff Shardalow | MSV | | 23 | 6 | 16:28 | 1:31 | 54:57 | 0:48 | 24:55 | 98:39 |
| 203 | Chris Milroy | MVet | | 24 | 11 | 11:25 | 2:01 | 59:51 | 0:42 | 24:50 | 98:49 |
| 233 | Melissa Kay | FSV | | 25 | 1 | 15:11 | 1:40 | 58:36 | 0:49 | 23:40 | 99:56 |
| 231 | Laura McAuley | FS | | 26 | 3 | 16:59 | 2:31 | 57:09 | 1:19 | 22:25 | 100:23 |
| 248 | Peter Lynch | MS | | 27 | 6 | 17:00 | 2:41 | 57:41 | 0:21 | 22:57 | 100:40 |
| 255 | Sarah Mcgregor | FVet | Moray Firth Triathlon Club | 28 | 1 | 18:34 | 1:23 | 57:05 | 0:26 | 23:20 | 100:48 |
| 252 | Martin Cran | MS | | 29 | 7 | 17:33 | 2:12 | 56:18 | 1:20 | 23:57 | 101:20 |
| 259 | Sam Worthing | MYA | | 30 | 1 | 14:50 | 3:55 | 58:59 | 0:30 | 23:30 | 101:44 |
| 219 | Alan Bulcraig | MVet | | 31 | 12 | 15:31 | 2:03 | 63:20 | 0:35 | 21:06 | 102:35 |
| 242 | Robert Hunter | MSV | G72 | 32 | 7 | 15:07 | 1:37 | 58:30 | 0:42 | 26:40 | 102:36 |
| 217 | Paddy Marrs | MS | Grangemouth Triathlon Club | 33 | 8 | 14:10 | 1:34 | 60:05 | 1:05 | 26:15 | 103:09 |
| 227 | Scott Ogston | MS | | 34 | 9 | 14:55 | 2:08 | 60:59 | 1:11 | 24:29 | 103:42 |
| 245 | Robert Smith | MVet | | 35 | 13 | 17:05 | 1:26 | 56:48 | 0:41 | 27:54 | 103:54 |
| 249 | James Attridge | MVet | inverness cycle | 36 | 14 | 18:55 | 2:45 | 53:26 | 1:13 | 27:51 | 104:10 |
| 256 | Nadine Williams | FSV | Forres Harriers | 37 | 2 | 17:36 | 1:08 | 58:20 | 0:23 | 27:23 | 104:50 |
| 240 | Tessa Pirie | FS | Cairngorm Runners | 38 | 4 | 15:04 | 1:27 | 61:16 | 0:36 | 26:56 | 105:19 |
| 234 | Sandra Ross | FVet | | 39 | 2 | 16:06 | 1:27 | 60:25 | 1:17 | 26:31 | 105:46 |
| 213 | Ashleigh Bulcraig | FS | | 40 | 5 | 15:55 | 0:44 | 63:45 | 0:43 | 25:50 | 106:57 |
| 251 | Jane Hodkinson | FVet | | 41 | 3 | 17:55 | 2:05 | 63:28 | 0:31 | 23:40 | 107:39 |
| 222 | Tash Burley | FVet | | 42 | 4 | 15:47 | 1:14 | 63:59 | 1:16 | 25:28 | 107:44 |
| 225 | Lisa Lawson | FSV | Cairngorm Runners | 43 | 3 | 15:21 | 1:45 | 60:44 | 1:21 | 29:44 | 108:55 |
| 221 | Catherine Angus | FVet | Moray Firth Triathlon Club | 44 | 5 | 15:53 | 1:23 | 65:53 | 0:43 | 25:46 | 109:38 |
| 250 | Stuart Levy | MSV | | 45 | 8 | 16:34 | 1:36 | 64:40 | 0:46 | 26:27 | 110:03 |
| 232 | Carol Hume | FVet | | 46 | 6 | 16:47 | 2:25 | 63:32 | 0:56 | 27:00 | 110:40 |
| 263 | Emma Johnston | FVet | Tain Runners | 47 | 7 | 19:56 | 1:08 | 63:37 | 0:28 | 27:03 | 112:12 |
| 224 | Dave Monks | MSV | | 48 | 9 | 17:35 | 1:17 | 63:46 | 0:56 | 29:17 | 112:51 |
| 268 | Ross Pattison | MS | | 49 | 10 | 17:05 | 1:49 | 64:18 | 1:10 | 28:31 | 112:53 |
| 209 | Anna Scott | FS | | 50 | 6 | 15:10 | 2:24 | 66:28 | 0:29 | 28:25 | 112:56 |
| 265 | Mo Douglas | FS | | 51 | 7 | 21:29 | 2:33 | 59:28 | 1:46 | 28:54 | 114:10 |
| 247 | Jill Barrow | FS | | 52 | 8 | 17:12 | 2:51 | 66:24 | 1:04 | 26:54 | 114:25 |
| 269 | Zoe McNeish | FVet | | 53 | 8 | 17:39 | 2:48 | 66:46 | 1:47 | 26:56 | 115:56 |
| 262 | George Reid | MVIn | Triathlon Inverness | 54 | 1 | 23:53 | 1:28 | 61:01 | 1:15 | 28:41 | 116:18 |
| 260 | Claire Laurie | FS | | 55 | 9 | 18:11 | 1:17 | 71:26 | 0:31 | 28:20 | 119:45 |
| 264 | Pauline Mitchell | FSV | Run n stuff | 56 | 4 | 17:27 | 2:53 | 70:11 | 1:34 | 30:25 | 122:30 |
| 258 | Marilyn Hemingway | FVin | Run and Stuff | 57 | 1 | 15:19 | 3:34 | 75:53 | 0:59 | 29:25 | 125:10 |
| 257 | Stephen Laurie | MS | | 58 | 11 | 23:03 | 3:37 | 71:54 | 1:40 | 31:45 | 131:59 |
| 253 | Angela Whitham | FSV | | 59 | 5 | 19:53 | 1:10 | 76:00 | 0:45 | 34:49 | 132:37 |
| 267 | Elaine Coyle | FVet | | 60 | 9 | 23:44 | 4:28 | 66:53 | 2:32 | 38:18 | 135:55 |
| 271 | Laura Stevenson | FS | | 61 | 10 | 23:42 | 5:59 | 81:08 | 1:45 | 25:34 | 138:08 |
| 266 | Jane Wylie | FS | | 62 | 11 | 21:05 | 8:50 | 81:08 | 1:46 | 28:58 | 141:47 |
| 261 | Catherine Harris | FSV | | 63 | 6 | 18:26 | 4:18 | 83:10 | 1:13 | 35:45 | 142:52 |
| 200 | Drew Johnston | MS | G Squad | Rtd | | 10:59 | 0:53 | -11:52 | | | Rtd |